

Breads

| | MEMBERS | VISITORS |
|-------------------------------------------------------------------------------------------------------------|---------|----------|
| GARLIC BREAD (V) (VEGAN) | 7.5 | 8.5 |
| HERB & GARLIC BREAD (V) (VEGAN) | 7.5 | 8.5 |
| GARLIC & CHEESE BREAD (V) | 8.5 | 9.5 |
| HERB & CHEESE BREAD (V) | 8.5 | 9.5 |
| GARLIC, CHEESE & BACON BREAD | 9.5 | 10.5 |
| TOASTED TURKISH & DIPS (V) (GF OPTION) | 11 | 12 |
| Toasted Turkish bread with a trio of house made hummus, roasted capsicum and beetroot and cream cheese dips | | |
| GARLIC & CHEESE PIZZA BREAD (V) | 8.5 | 9.5 |
| Toasted pizza bread with crushed garlic and Parmesan cheese | | |

Entrées

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| COCONUT CRUMBED PRAWNS | 14 | 15 |
| 6 coconut prawns served with spicy plum sauce | | |
| VEGETARIAN SPRING ROLLS (V) | 10 | 11 |
| 4 vegetable spring rolls with sweet chilli sauce | | |
| SALT & PEPPER CALAMARI | 14 | 15 |
| Salt & pepper calamari with spicy plum sauce | | |
| MEDITERRANEAN PENNE (V) | 15 | 17 |
| Olives, sun dried tomato, Spanish onion, cherry tomatoes with olive oil & lemon juice. Finished with fresh rocket | | |
| BUTTERMILK & ROSEMARY CHICKEN WINGS | 12 | 13 |
| Crunchy fried wings with ranch dressing on the side | | |
| GOLDEN FRIED WEDGES (V) | 8.5 | 9.5 |
| Served with sour cream and sweet chilli sauce | | |
| BOWL OF CHIPS (V) (GF) | 7.5 | 8.5 |
| Served with your choice of sauce | | |
| BOWL OF SWEET POTATO FRIES (V) (GF) | 8.5 | 9.5 |
| Served with aioli | | |

Oysters

| | | |
|---------------------------|----|----|
| DOZEN NATURAL (GF) | 31 | 33 |
| 1/2 DOZEN NATURAL (GF) | 21 | 23 |
| DOZEN KILPATRICK (GF) | 32 | 34 |
| 1/2 DOZEN KILPATRICK (GF) | 22 | 24 |

Seafood

| | MEMBERS | VISITORS |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|----------|
| GRILLED BARRAMUNDI FILLET (GF) | 22.5 | 24.5 |
| Our best-selling fish served with chips & salad | | |
| BEER-BATTERED SEA PERCH | 22 | 24 |
| 3 pieces of beer-battered perch fillets served with chips and salad | | |
| SALT & PEPPER CALAMARI | 22 | 24 |
| Salt & pepper calamari served with chips, salad and a spicy plum sauce | | |
| CAPTAINS SEAFOOD PLATE | 26 | 28 |
| Beer-battered perch, salt & pepper calamari, coconut prawns, garlic prawn skewers, salad and steak fries | | |
| GARLIC CREAM PRAWNS & RICE (GF) | 25 | 27 |
| Creamy confit garlic prawns with steamed jasmine rice & fresh salad | | |
| ATLANTIC SALMON (GF) | 26 | 28 |
| Pan-fried Atlantic salmon served on a saffron & field mushroom risotto with baby spinach & shaved Parmesan | | |
| HOT & COLD SEAFOOD PLATE | 39 | 41 |
| Chilled local prawns, smoked salmon, salt & pepper calamari, Thai fish cake, garlic prawn skewers & baby chilli octopus with steak fries, fresh fruit and salad with a trio of sauces | | |
| PREMIUM SEAFOOD PLATTER FOR 2 | 100 | 110 |
| Our signature seafood platter for 2 includes fresh local prawns, crabs, smoked salmon, fresh natural oysters, Kilpatrick oysters, battered fish, salt & pepper calamari, Thai fish cakes, baby chilli octopus, coconut prawns, 3 prawn skewers, fresh fruit & salad with accompanying sauces | | |

Paddock

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| CHICKEN BREAST SCHNITZEL & SAUCE | 21 | 23 |
| 250gm crumbed chicken breast served with chips, salad & your choice of sauce | | |
| STUFFED CHICKEN BREAST | 24 | 26 |
| Filled with creamy brie and pan-fried smoked bacon, dauphinoise potato and fresh steamed greens with a chardonnay cream sauce | | |
| CHICKEN PARMIGIANA | 24 | 26 |
| 250gm crumbed chicken breast with shredded ham, napolitana sauce and melted tasty cheese served with chips & salad | | |
| OVEN-BAKED PORK MEDALLIONS (GF) | 24 | 26 |
| With dauphinoise potato, steamed greens & apple and prune compote | | |

From The Grill

| | MEMBERS | VISITORS |
|-------------------------------------------------------------------------------------------|---------|----------|
| BBQ Pork Ribs | | |
| Succulent slow cooked pork ribs with house made BBQ sauce, crisp steak fries and coleslaw | | |
| HALF RACK (GF) | 22 | 24 |
| FULL RACK (GF) | 36 | 38 |
| Nolan's Private Selection Steaks | | |
| ALL STEAKS ARE SERVED WITH STEAK FRIES, SALAD AND YOUR CHOICE OF SAUCE | | |
| Creamy Mushroom, Red Wine Gravy, Creamy Garlic, Dianne and Creamy Peppercorn | | |
| RIB FILLET 200GM (GF) | 25 | 27 |
| RUMP STEAK 250GM (GF) | 26 | 28 |
| RIB FILLET 300GM (GF) | 33 | 35 |

Add a Topper

Add a topper to steaks, salads... or anything!

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| GARLIC PRAWN SKEWERS (2) (GF) | 8 | 9 |
| COCONUT CRUMBED PRAWNS (4) (GF) | 8 | 9 |
| SALT & PEPPER CALAMARI | 8 | 9 |
| CREAMY GARLIC PRAWNS (GF) | 8 | 9 |
| WARM SEASONED CHICKEN | 8 | 9 |
| CHARRED CHILLI BABY OCTOPUS | 8 | 9 |

Salads

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| WARM BEETROOT, CHICKPEA & FETA SALAD | 18 | 20 |
| (V) (GF) (VEGAN O) | | |
| Roasted balsamic beetroot with chickpeas and feta on a bed of salad greens & fresh herbs & chilli dressed with extra virgin olive oil and lemon | | |
| GREEK SALAD (GF) (VO) (Vegan O) | 18 | 20 |
| Cherry tomatoes, cucumber, kalamata olives, thinly sliced red onion, and feta, dressing of red wine vinegar, fresh lemon juice, dried oregano, and extra-virgin olive oil | | |
| TRADITIONAL CAESAR SALAD (GF OPTION) | 16 | 18 |
| Cos lettuce, croutons, bacon, poached egg, anchovies and shaved Parmesan with chefs Caesar dressing | | |
| PRAWN & AVOCADO SALAD (GF) | 25 | 27 |
| Baby cos leaves with fresh sliced avocado, citrus segments, fresh Australian prawns with a lemon and olive oil dressing | | |

THANK YOU FOR DINING AT
THE SURF CLUB COOLANGATTA
 YOU ARE HELPING TO SAVE LIVES

THE MOST RECENT PATROL SEASON TOOK PLACE FROM SEPTEMBER 2018 TO MAY 2019. 46,481 VISITORS WERE RECORDED VISITING THE BEACH DURING THIS TIME, WITH 25 RESCUES, 72 PREVENTATIVE ACTIONS, 23 FIRST AID TREATMENTS, 421 PEOPLE TREATED FOR MARINE STINGS AND 3,364 PEOPLE WARNED ABOUT POSSIBLE DANGERS THAT COULD HAVE EASILY ENDED UP BECOMING A RESCUE.

ALL THIS WORK WAS COMPLETED BY THE 179 VOLUNTEER SURF LIFE SAVERS OF THE COOLANGATTA SURF LIFE SAVING CLUB.

EVERY TIME YOU ENJOY A DRINK, HAVE A BITE TO EAT, PLAY A GAME OF KENO OR PLAY THE POKIES YOU ARE CONTRIBUTING TO THE TRAINING AND EQUIPMENT OUR LIFE SAVERS NEED TO KEEP THE BEACHES SAFE.

Asian Influence

| | MEMBERS | VISITORS |
|------------------------------------------------------------------------------------------------------|---------|----------|
| ASIAN VEGETABLE STIR FRY (GF) (V) | 19 | 21 |
| Asian style vegetables, fresh chilli, ginger, stir fried with flat rice noodles with sweet soy sauce | | |
| ADD CHICKEN + \$3 or ADD TOFU + \$5 or ADD PRAWNS + \$7 | | |
| SPICY ASIAN STYLE LAKSA (GF) 🔥🔥 | 19 | 21 |
| Asian greens served in spicy coconut curry with rice noodles | | |
| ADD CHICKEN + \$3 or ADD TOFU + \$5 or ADD PRAWNS + \$7 | | |

Burgers

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| TOWER 3 STEAK BURGER | 19.50 | 21.50 |
| Juicy 150gm rib fillet, prime bacon rasher, caramelised onion, melted cheese, beetroot, BBQ sauce, mesculin and tomato on a toasted roll with steak fries | | |
| BLT | 19.50 | 21.50 |
| Prime bacon rashers, fresh cos lettuce, sliced tomato and aioli on toasted Turkish bread with steak fries | | |
| COOLY CHICKEN BURGER | 19.50 | 21.50 |
| Marinated grilled chicken breast, prime bacon rasher, avocado, melted cheese, aioli, and cos lettuce served on a toasted roll with steak fries | | |
| ANGUS BEEF BURGER | 19.50 | 21.50 |
| Angus beef patty, prime bacon rasher, caramelised onion, melted cheese, beetroot, BBQ sauce, mesculin and tomato, served on a toasted roll with steak fries | | |

Pasta & Rice

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| TAGLIATELLE CARBONARA | 19.5 | 21.5 |
| Sautéed smoked bacon and mushrooms in a rich cream sauce | | |
| MEDITERRANEAN PENNE (V) | 22 | 24 |
| Olives, sun dried tomato, Spanish onion, cherry tomatoes finished with olive oil, lemon juice, and fresh rocket | | |
| + ADD WARM SEASONED CHICKEN | 8 | 9 |
| PRAWN & CHORIZO RISOTTO (GF) | 23 | 25 |
| Chorizo, prawn and semi dried tomatoes in a creamy risotto with baby spinach and a hint of Parmesan | | |
| MUSHROOM RISOTTO (GF) (V) | 19 | 21 |
| Saffron & field mushroom risotto with baby spinach & shaved Parmesan | | |

ENJOYED YOURSELF?

WE'D LOVE IT IF YOU COULD TAKE THE TIME TO LEAVE US A REVIEW ONLINE!



Sides

| | MEMBERS | VISITORS |
|---------------------------------|---------|----------|
| CHIPS (GF) | 5 | 6 |
| SEASONAL VEGETABLES (GF) | 5 | 6 |
| GARDEN SALAD (GF) | 5 | 6 |
| MASHED POTATO (GF) | 5 | 6 |
| COLESLAW (GF) | 5 | 6 |
| GREEK SALAD (GF) | 7 | 8 |

Sauces

2.5

Creamy Mushroom, Red Wine Gravy, Creamy Garlic, Dianne, Creamy Peppercorn or Aioli (ALL GF)

Seniors Lunch

11am - 4pm only

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| All Seniors lunches include a slice of cake served with cream or ice cream | | |
| PASTA CARBONARA | 16 | 18 |
| HALF CHICKEN SCHNITZEL | 16 | 18 |
| BANGER & MASH | 16 | 18 |
| BATTERED FISH | 16 | 18 |

Nippers

For kids under 12

All Nippers meals include a drink and colouring in

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|---------------------------------------------|----|
| BATTERED FISH, CHIPS & SALAD | 12 |
| CHICKEN NUGGETS, CHIPS & SALAD | 12 |
| CHICKEN SCHNITZEL, CHIPS & SALAD | 12 |
| PASTA CARBONARA | 12 |
| KIDS SALAD (V) (GF) (VEGAN OPTION) | 12 |
| 150GM RIB FILLET STEAK (GF) | 15 |
| with chips and salad | |

V = VEGETARIAN GF = GLUTEN FREE
VEGAN = PLANTS ONLY

Socials...

Check in,
Follow, Tag &
Hashtag us!

#CoolySurfClub
@SurfClubCoolangatta
📍 The Surf Club Coolangatta

Breakfast

SATURDAY & SUNDAY from 7.30am - 10am

| | MEMBERS | VISITORS |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|----------|
| TROPICAL FRUIT PLATE (GF) (V) (VEGAN OPTION) | 10 | 11 |
| Seasonal fruit with natural yoghurt | | |
| PANCAKES | 12 | 13 |
| 3 freshly made pancakes dusted with icing sugar and served with maple syrup and whipped cream | | |
| AÇAÍ BOWL (GF) (V) (VEGAN OPTION) | 15 | 17 |
| Organic açai bowl seasonal fruit, granola and shredded coconut | | |
| AVOCADO & FETA SMASH (V) | 15 | 17 |
| Smashed avocado and crumbled feta on toasted Turkish with rocket and blistered cherry tomato | | |
| EGGS ON TOAST (V) | 10 | 11 |
| Two eggs cooked your way, served with grilled tomato and toasted Turkish ADD BACON + \$5.5 or ADD SAUSAGE + \$4 | | |
| TOWER 3 BREKKIE | 19 | 21 |
| Bacon, two poached eggs, grilled tomato, sautéed mushrooms, chipolata sausages, baked beans, hash brown and toasted Turkish | | |
| EGGS BENNY | 13 | 14 |
| Two poached eggs on a toasted Turkish, wilted baby spinach and hollandaise ADD Ham + \$3 or ADD Smoked Salmon + \$5 ADD Bacon + \$5.5 or ADD Mushrooms + \$3.5 | | |
| BREAKFAST BURRITO | 16 | 18 |
| Chorizo, beans, scrambled egg and sautéed mushrooms in a toasted tortilla with salsa, guacamole and sour cream | | |
| ZUCCHINI & CARROT FRITTERS (V) | 15 | 17 |
| Served with charred asparagus, chilli jam & dukkha yoghurt on the side ADD BACON + \$5.5 or ADD EGG + \$3 | | |
| FARMHOUSE OMELETTE | 15 | 17 |
| With ham, capsicum, mushrooms, onion, cheese and shallots with toasted Turkish | | |
| COOLY BEACH BRUSCHETTA (V) | 14 | 15 |
| Cherry tomato, fresh basil, avocado, balsamic reduction, feta and poached egg served on toasted Turkish | | |

Nippers

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|------------------------------------------------------------------------------------|---|
| PANCAKES | 8 |
| 2 kids pancakes dusted with icing sugar, served with maple syrup and whipped cream | |
| BACON AND EGG | 8 |
| Small bacon and egg on toast with a hash brown | |
| TOAST | 4 |
| 2 pieces of thick toast with jam or Vegemite | |

Extras

Optional extras to add to any main meal

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| CHIPOLATAS (2) | 4 | TOMATO | 2.5 |
| BACON (2) | 5.5 | MUSHROOMS | 3.5 |
| SMOKED SALMON | 5 | HASH BROWN | 2.5 |
| EGG | 3 | TOAST (2) | 4 |
| AVO SMASH | 4.5 | | |