

# \$12 LUNCH menu

Available Tuesday - Friday, Lunches Only.

## curry / rice

- L1 **GREEN CURRY** <sup>GF</sup>  
Chicken or beef cooked with green curry paste vegetable.
- L2 **RED CURRY** <sup>GF</sup>  
Chicken or beef cooked with red curry paste bamboo shoots, vegetable.
- L3 **MASSAMUN BEEF** <sup>GF</sup>  
Beef curry cooked with potatoes, peanuts, onions.
- L4 **PANANG CURRY** <sup>GF</sup>  
Chicken sweet panang curry cooked with peanuts, lime leaf.



## salad & grill / rice

- L5 **BEEF SALAD**  
Grilled sliced steak mixed with onions, cucumber, tomatoes, lime dressing and mint leaf.
- L6 **SATAY CHICKEN** <sup>GF</sup>  
4 pieces of satay chicken skewers, served with peanut sauce, diced cucumber.



## wok fried / rice

- L7 **CHICKEN WITH CASHEW NUTS**  
Stir-fried chicken with cashew nuts, toasted chilli, vegetables and sweet chilli jam.
- L8 **BEEF WITH OYSTER SAUCE**  
Stir-fried beef with oyster sauce and vegetable
- L9 **CHICKEN WITH PEANUT SAUCE**  
Stir-fried chicken with peanut sauce and vegetable
- L10 **PAD PREK SOD (CHILLI & BASIL)**  
Chicken or Beef stir-fried chilli, basil and beans
- L11 **MIXED VEGETABLE**  
Stir-fried mixed vegetable with oyster sauce
- L12 **FRIED RICE THAI STYLE**  
Fried rice with chicken, onion, shallots and eggs



- L13 **PRARAM LONG SONG**  
Steamed mixed vegetable with peanut sauce. Served with crispy wonton

## noodles



- L14 **PAD THAI**  
Thin rice stick noodles cooked with chicken, eggs, tofu and peanuts
- L15 **PAD SEE EW**  
Stir-fried flat rice noodles with chicken soya sauce, eggs and mixed vegetables
- L16 **PAD KEE MAO**  
Stir-fried flat rice noodle with chicken, chilli, basil, eggs and mixed vegetable
- L17 **LAKSA NOODLE**  
Laksa noodle soup of chicken, bean sprout, tofu vegetable. Served with crispy wonton
- L18 **HOKKIEN NOODLE**  
Hokkien egg noodles stir-fried with chicken, soya sauce, red chilli paste, eggs and vegetables
- L19 **LARD NA**  
Stir-fried flat rice noodles with chicken, chinese broccoli, soya sauce and soy bean gravy.
- L20 **TOM YUM NOODLE SOUP**  
Thin rice noodle in spicy sour soup with king prawns, mushroom, lime leaf and lemongrass.

### SUBSTITUTES

Steam Vegetable	3
Brown Rice	2
Prawns / Seafood	5

**LUNCH TUE-SAT 11:30AM-3PM**  
**DINNER 7 NIGHTS 5-9PM**  
**LICENSED & BYO**



209 Concord Rd, North Strathfield

9736 2861

[PRONPROHMTHAI.COM.AU](http://PRONPROHMTHAI.COM.AU)

<sup>GF</sup> GLUTEN FREE.



**PRON PROHM**  
THAI RESTAURANT

SINCE 1985

**TAKEAWAY MENU**  
**9736 2861**

.....order online.....

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209 Concord Rd, North Strathfield

\*WITHIN LOCAL AREA, MINIMUM ORDER \$25.

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K. Coconut Prawns

## entrees

- A **GOLDEN SHIPS (6 PCS)** \$9.9  
Fried wonton pastry of minced pork blended with fresh coriander, peanuts, carrot and Thai-spices.
- B **VEGETARIAN SPRING ROLLS (4 PCS)** \$9.9  
Fried spring rolls of vermicelli, cabbage, carrot, mushroom, sweet taro & corn.
- C **SCHOOL PRAWNS** <sup>GF</sup> \$12.9  
Crispy fried school prawns marinated with chilli, pepper and lemon.
- D **CHICKEN WINGS (4 PCS)** \$8.9  
Crispy fried marinated chicken wings with sweet chilli relish.



H. Steamed Dim Sims

- E **CURRY PUFFS (4 PCS)** \$9.9  
Puff pastry wrapped with minced chicken, sweet potato and curry flavouring.
- F **FISH CAKES (4 PCS)** <sup>GF</sup> \$9.9  
Fried Fish kneaded with red chili paste. Served with diced cucumber and carrot relish.
- G **HOY JOH (4 PCS)** <sup>GF</sup> \$11.9  
Crispy dumpling of crab meat, minced pork, fresh coriander & crushed pepper seeds.
- H **STEAMED DIM SIMS (4 PCS)** \$10.9  
Steamed wonton dumpling of prawn and pork. Served with sweet soya sauce.
- I **SATAY CHICKEN (4PCS)** <sup>GF</sup> \$11.9  
Grilled skewers of chicken marinated in satay spices. Served with diced cucumber, carrot and peanut sauce.
- J **GOONG PRON PROHM (4 PCS)** \$11.9  
Deep Fried king prawns marinated in soya sauce and pepper.
- K **COCONUT PRAWNS (4 PCS)** \$11.9  
Fried king prawns battered with coconut flakes. Serve with sweet chilli dressing.
- L **MIXED ENTREE** \$10.9  
1 piece of spring roll, curry puff, fish cake and chicken satay served with individual sauces.

## soups

- M **TOM YUM GOONG** <sup>GF</sup> S \$12.9/ L \$20.9  
Spicy & sour soup cooked with king prawns, mushrooms, coriander & lemon grass.
- N **TOM KHA GAI** <sup>GF</sup> S \$11.9 / L \$16.9  
Sliced chicken cooked in coconut milk, flavoured with lemon grass, lemon juice, fish sauce, coriander & mushrooms.



## vegetarian

- V1 **VEGETABLE CASHEW NUT** \$16.9  
Stir-fried mixed vegetables with chilli jam and cashew nut
- V2 **PRARAM LONG SONG** \$15.9  
Steamed mixed vegetables served with peanut sauce and topped with crispy wonton pastry.
- V3 **PANANG TOFU** \$17.9  
Tofu, mixed vegetable cooked with panang curry paste in coconut milk.
- V4 **GREEN CURRY VEGETABLE & TOFU** \$17.9  
Tofu, basil leaves, mixed vegetables and beans cooked in coconut milk.
- V6 **CHILLI VEGETABLE** \$16.9  
Stir-fried mixed vegetables with chilli and basil.
- V7 **GARLIC TOFU** \$16.9  
Stir-fried tofu with garlic, pepper and mixed vegetables.
- V8 **PAD PUK NAM MUN HOY** \$15.9  
Fresh mixed vegetables sauteed with our delectable oyster sauce.

## desserts

- D3 **BANANA COOKED IN COCONUT MILK** \$9.9  
Sliced banana cooked in coconut cream, sprinkled with sesame seeds
- D5 **STICKY RICE WITH THAI CUSTARD** \$9.9

## Drinks

- COKE/COKE ZERO/LEMONADE/LEMON SQUASH \$3.0/CAN
- GINGER BEER \$3.9/375ML
- S.PELLEGRINO SPARKLING MINERAL WATER \$3.9/250ML \$7.5/750ML



1. Chicken Cashew Nuts

## signature dishes

- 1 **CHICKEN CASHEW NUTS** \$17.9  
Stir fried cashew nuts with sliced chicken breast, onions, shallots & chilli jam.
- 2 **KRAPOW GAI** \$17.9  
Stir fried minced chicken, Thai basil, minced chilli & garlic
- 3 **SALT & PEPPER CALAMARI** S \$15.9/L \$20.9  
Calamari marinated in soya sauce and pepper, lightly fried until golden crispy. Served with sweet chilli sauce.
- 4 **CRISPY PORK BELLY CHINESE BROCCOLI** \$22.9  
Stir fried pork belly with chinese broccoli and oyster sauce.
- 5 **GREEN PAPAYA SALAD (SOM TUM) GF** \$15.9  
Shredded green papaya pounded in together with carrot, tomato, beans, chilli and lemon juice.
- 6 **SNOW PRAWNS** \$23.9  
Stir fried king prawns with snow peas, ginger, vegetables and garlic.
- 7 **KRAPAO PLA GROB** \$22.9  
Fish fillet lightly battered & fried until crispy, then stir-fried with chilli, vegetable, cashew nuts, thai basil & garlic.
- 8 **TALAY THAI** \$22.9  
Stir fried mixed seafood with onion, garlic, coriander and green beans.
- 9 **SWEET CHILLI JAM SOFT SHELL CRAB** \$24.9  
Soft shell crab deep-fried until crispy, stir fried with chilli jam, celery, onions and shallots
- 10 **CHOO CHEE SALMON** \$24.9  
Salmon Fillet coated with think red curry paste & coconut milk, served with mixed vegetable, basil and chilli.
- 11 **GARLIC LAMB** \$25.9  
Stir fried tender lamb fillet with garlic, pepper and mixed vegetables
- 13 **PLA LARD PREK (WHOLE SNAPPER)** \$40  
Deep fried whole snapper (700-800g), fillet & coated with our special three flavour chilli sauce.



## curry

- 14 **RED CURRY GF** \$18.9  
- CHICKEN OR BEEF \$22.9  
Red curry paste, coconut milk, bamboo shoots, mixed vegetable and basil.
- 15 **GREEN CURRY GF** \$18.9  
- CHICKEN OR BEEF \$22.9  
- PRAWNS \$22.9  
Green curry paste, Coconut milk, sliced beans, vegetable & Thai basil.
- 16 **MASSAMAN BEEF GF** \$20.9  
A rich and aromatic beef curry cooked with coconut milk, toasted peanuts, potato and bay leaf.
- 17 **PANANG CURRY GF** \$19.9  
- CHICKEN \$24.9  
- LAMB \$24.9  
Cooked in a sweet panang curry paste & coconut milk with a taste of peanut flavour & lime leaf.

- 18 **JUNGLE CURRY GF** \$18.9  
Chicken, beef or pork curry with green beans, bamboo shoots, mushrooms, herb, spices & basil.
- 19 **YELLOW CURRY GF** \$18.9  
Thai curry of chicken or beef with yellow curry paste, coconut milk, potato & onions.
- 20 **CURRY OF THE HOUSE GF** \$22.9  
Fresh king prawns cooked with sliced, ripe pineapple, red curry paste & coconut milk.



## salad

- 21 **YUM NUA (BEEF SALAD)** \$17.9  
Grilled finely sliced steak, tossed together with onions, cucumbers, tomatoes and chilli. Sprinkled with mint leaf and lime dressing.
- 22 **LARB MOO GF** \$17.9  
Minced pork seasoned with Thai herbs, spices, peanuts, lemon juice, chilli and mint leaves.
- 23 **YUM WOON SEAN** \$19.9  
Glass noodle salad of minced chicken, prawns, squid, chilli, onion, pineapple and cashew nuts.
- 24 **BBQ PORK NAM TOK SALAD** \$21.9  
Spicy salad of grilled marinated pork with chilli, mint, Thai Herbs & ground roasted rice.
- 25 **PHLA GOONG GF** \$22.9  
King prawn salad mixed with lemongrass, chilli jam, onions, lemon and lime leaf.
- 27 **GRILLED SALMON WITH GREEN APPLE SALAD GF** \$24.9  
Pan grilled salmon fillet serve with sliced green apple, cucumber, cashew nuts, onion & lemon dressing.



16. Massaman Beef

## stir fried

- 28 **PAD PREK SOD (CHILLI & BASIL)** \$17.9  
- BEEF OR CHICKEN \$22.9  
- PRAWNS OR SEAFOOD \$22.9  
Stir fried with onion, hot chilli, garlic and fresh basil.
- 29 **GARLIC & PEPPER** \$17.9  
- CHICKEN OR PORK \$22.9  
- PRAWNS \$22.9  
Stir fried with garlic, pepper, soya sauce and vegetables.
- 30 **PAD KHING (GINGER)** \$17.9  
- CHICKEN, PORK OR BEEF \$21.9  
- DUCK \$21.9  
Stir fried with sliced ginger, black fungus and spring onion in a soya sauce base.
- 31 **HOR MOK TALAY PAOW** \$23.9  
A dry mixed seafood curry with red curry paste, coconut milk, fish sauce, Thai herbs & egg.
- 32 **BASIL CRISPY PORK BELLY** \$22.9  
Stir-fried pork belly with chilli, garlic and Thai basil.
- 33 **BEEF WITH OYSTER SAUCE** \$17.9  
Stir fried sliced beef with oyster sauce and mixed vegetables.
- 34 **CHICKEN WITH PEANUT SAUCE** \$17.9  
Stir fried chicken breast with peanut sauce and mixed vegetables.
- 35 **GOONG OB LAUW DANG** \$22.9  
King prawns stir-fried with Thai red wine sauce and garnished with shallots and sautéed onions.
- 36 **GOONG CHOO CHEE GF** \$22.9  
Dry red curry prawns stir fried with red chilli paste, green peppercorns, Thai herbs and coconut milk.

- 37 **GARLIC & PEPPER SOFT SHELL CRAB** \$24.9  
Soft shell crab deep-fried until crispy, stir-fried with garlic, pepper and mixed vegetables.
- 38 **CHA SALMON GF** \$24.9  
Grilled salmon fillet stir-fried with chilli, garlic, green peppercorns and Thai herb.

## bbq & other dishes

- 39 **CHICKEN OF THE HOUSE** \$17.9  
Thigh chicken fillet marinated in spices. Grilled and served with sweet chilli sauce.
- 40 **CRYING TIGER** \$21.9  
Our famous char grilled marinated steak. Sliced & served with a separated tamarind-soya dressing.
- 41 **BBQ PORK** \$21.9  
Grilled marinated pork in Thai herbs and spices. Served with separated homemade sauce.
- 42 **ROASTED DUCK** \$22.9  
Roasted Duck marinated with herb, garlic and ginger. Served with hoi-sin sauce.
- 43 **GOONG OB WOON SEAN** \$22.9  
A hot pot of king prawn on top of vermicelli noodles, flavoured with ginger, coriander, anise and oyster sauce.



## noodles & rice

- 44 **PAD THAI GF** \$16.9  
Special Thai noodle cooked with slices of chicken, tofu, eggs, rice-stick noodles & crushed peanuts.
- 45 **PAD SEE EW** \$16.9  
Stir-fried flat rice noodles with chicken, soya sauce, eggs and Chinese broccoli.
- 46 **PAD KEE-MAO** \$16.9  
Stir fried flat rice noodle with chicken, soya sauce, eggs, chilli, basil and peppercorns.
- 47 **KAO PAD (FRIED RICE THAI STYLE)** \$16.9  
Fried rice with chicken, onion, eggs, vegetables and shallots.
- 48 **TOM YUM FRIED RICE** \$17.9  
Special fried rice with chicken, lemongrass, lime leaves, eggs & chilli paste.
- 49 **SPICY CHILLI FRIED RICE** \$17.9  
Fried rice with chicken, garlic, chilli and basil.
- 50 **EGG FRIED RICE** \$9.9
- 51 **PEANUT CHICKEN NOODLE** \$17.9  
Stir-fry flat rice noodle with chicken, peanut sauce and vegetable.
- 52 **LAKSA NOODLE SOUP** \$18.9  
Laksa egg noodle soup of chicken, bean sprout, tofu and vegetables. Served with crispy wonton.
- 53 **HOKKIEN NOODLE** \$17.9  
Egg noodles stir fried with chicken, soy sauce, chilli paste, eggs & vegetables.

## side dishes

- STEAMED JASMINE RICE S \$3 / L \$3.9
- BROWN RICE \$3.9
- STICKY RICE \$3.9
- COCONUT RICE \$4.9
- ROTI BREAD \$3.9
- STEAMED VEGETABLES \$8.9
- LARGE SATAY SAUCE \$4.9



PLEASE ADVISE US IF YOU HAVE ANY ALLERGIES.  
WE CAN ALSO MAKE MOST DISHES GLUTEN FREE OR VEGAN.  
GF GLUTEN FREE.

