

## platters

## personal packs

## pita platter

## includes a bowl of

 pita chips ( 150 Cals)
## full platter

530-680 Cals per serving, serves 10
includes two of each of the following regular pitas:
chicken shawarma
chicken caesar
the club
chicken souvlaki

## half platter

530-680 Cals per serving, serves 5 includes one of each of the following regular pitas:
chicken shawarma
chicken caesar
the club

## add a dip to your pita platter for \$5 choose from tzatziki (100 Cals) or hummus (500 Cals)

build your own
full platter
510-680 Cals per serving, serves 10
includes your choice of any ten of the following regular pitas:
chicken shawarma
the club
chicken souvlaki
chicken caesar sriracha falafel philly cheese steak buffalo chicken

## half platter

510-680 Cals per serving, serves 5
includes your choice of any five of the following regular pitas:
chicken shawarma chicken souvlaki chicken caesar

## the club

 sriracha falafel philly cheese steak buffalo chickenincludes a bowl of pita chips + FREE dip ( $250-650$ Cals)
chicken \& goat cheese mediterranean vegetable

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

## pita

chicken shawarma - 660-970 Cals
romaine • tomato • pickles $\cdot$ tabbouleh • garlic sauce $\cdot$ chicken $\cdot$ hummus chicken souvlaki - 770-1080 Cals
romaine • tomato • cucumber • red onion • kalamata olives • feta • chicken • greek feta dressing - tzatziki
chicken caesar - 630-940 Cals
romaine $\cdot$ chicken • bacon • parmesan cheese $\cdot$ roasted garlic yogurt dressing $\cdot$ croutons
the club - 620-930 Cals
romaine • tomato • cucumber • mushroom • red onion • green pepper • mozza-cheddar • turkey - ham • bacon • light mayo
© sriracha falafel - 770-1080 Cals
romaine • tomato • tabbouleh • cucumber • roasted red pepper • pickles • hummus • falafel balls - sriracha • light mayo
philly cheese steak - 850-1160 Cals
romaine • green pepper • red onion • philly steak • mozza-cheddar • light mayo
buffalo chicken - 560-870 Cals
romaine • tomato • chicken • mushroom • red onion • mozza-cheddar • buffalo hot sauce - buttermilk ranch
chicken \& goat cheese - 630-940 Cals
romaine • tomato • roasted zucchini • roasted red pepper • goat cheese • grilled chicken •lemon balsamic dressing
© mediterranean vegetable - 600-910 Cals
romaine $\cdot$ roasted red pepper • roasted zucchini • tomato • cucumber • black beans $\cdot$ chickpeas

asian soy
salmon bowl
500 Cals

## bow

© spicy garden crumble - 620-930 Cals
quinoa • spinach • broccoli • roasted zucchini • pickled onion • hot pepper • mushroom - roasted red pepper • hummus • spicy garden crumble • buttermilk ranch • flax seeds southwest chicken - 740-1050 Cals
quinoa $\cdot$ romaine $\cdot$ tomato $\cdot$ black beans $\cdot$ pickled onion $\cdot$ roasted corn $\cdot$ roasted red pepper • green pepper • hummus $\cdot$ chicken • mozza-cheddar • chipotle sauce $\cdot$ harvest cheddar sunchips ${ }^{\oplus}$
asian soy salmon - 590-900 Cals
quinoa • spring mix $\cdot$ pickled onion • roasted corn • broccoli • red cabbage • edamame - salmon • roasted zucchini • hummus • asian soy dressing • sesame seeds

## salad

honey dijon cobb - 540-850 Cals
spinach • tomato • red onion • mozza-cheddar • honey dijon dressing • egg • bacon - avocado • dried cranberries
sriracha balsamic chicken and bacon - 560-870 Cals
spring mix • tomato • red onion • mushroom • lemon balsamic dressing • sriracha • bacon - avocado • chicken • pumpkin seeds
grilled salmon - 420-730 Cals
greens $\cdot$ roasted red pepper $\cdot$ cucumber $\cdot$ tabbouleh $\cdot$ tomato $\cdot$ red onion $\cdot$ lemon oil vinaigrette $\cdot$ salmon $\cdot$ sesame seeds

## salads/sides/drinks

one dozen chocolate chip cookies - 180 Cals per cookie pita bread + dip - 70-110 Cals per serving, serves 10 choose from tzatziki or hummus
veggie \& fruit platters
available upon request at current market price salad
garden - 170 Cals per serving, serves 10 greek - 230 Cals per serving, serves 10 Caesar - 220 Cals per serving, serves 10
drinks
proudly serving PepsiCo beverages

