



FACTORY		OATS GLUTEN	BARI	SPELT	STEN	CAUSE	EANS		PEAM		>		MC7	OMUZ	4	WC7		5	,			EEDS	દ્ધ	Ç
FOOD ITEM CONTAINS ALLERGENS:	,	74	3	بر بران	ָלָּט ,	5	047		Š	5 4	A C	4	4		χ γ ο		5 3	~~ }	5 ₹ å	F 2	74RL	IME S	E ≥	5
Please be aware that our restaurant is a mixed food environment. If you have an allergy or food intolerance please inform a member of staff and we will use best practice when preparing your food.	THE STATE OF THE S	A SA	840	SOE	ANE CHUTEN	Jas Lan	994 (FISH.	S PEA	Nos 🌭	MILK	CAS,	PIST.	MA2	2 ALM	WAY.	PEC.	PINE PINE	CELL	SNW -	SES	SULPLINE SEE	Mdn7 - SSS	WOLLUSCO
BAGELS																								
Plain	•		•							•														
Sesame	•		•							•														
Рорру	•		•							•													,	
Multi Seed	•		•							•														
Healthy Seed	•		•							•													,	
Cheese	•		•							•	•													
Cinnamon	•																							
Wholemeal	•		•																					
Pizza Bagel	•		•							•	•													
BAGEL RANGE																								
Italian Chicken	•										•									•				
Chicken Caesar	•		•					•		•	•								•	•	•			
Turkey Club	•									•	•									•				
Stars 'N' Stripes	•										•													
Chilli Tuna Melt	•		•					•			•													
Italian Pesto	•										•	•						•		•				
Salt Beef	•		•				•				•								•	•				
Mushroom Melt	•										•													
Pesto Bella Melt	•						•				•	•						•		•				



FACTORY		OATS GLUTEN	BARI	SPELT	. Nato	CAUST	EANS				>		VC7	OMUZ	4	MC7		5	,		_	SULPH.	Ş	بر
FOOD ITEM CONTAINS ALLERGENS: ●		77	3	بر لا	3	5 6	74°			5 4	A CONTRACTOR	4			ہے ج	Q ·	5 3	<i>≥</i>	5 ≥ ,	F 2	746	IMES PLI	ZZ ≥	3
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BAGEL RANGE																								
Mexican Chicken	•		•							•	•													
The Classic	•							•			•													
Manhattan Club Melt	•						•			•	•									•				
Pepperoni Sensation	•										•									•				
Supreme Ham & Cheese	•										•									•				
Big Veggie Bite	•										•									•				
All Day Egg Works	•						•			•	•									•		•		
Bacon Egg Works	•						•			•	•									•		•		
Sausage Egg Works	•						•			•	•									•				
WRAPS																								
Chicken Caesar	•						•	•		•	•								•	•				
Mexican Chicken	•		•				•			•	•								•					
Tikka	•						•			•	•									•				
Tuna	•						•	•												•				
Pesto	•						•				•							•		•				
WRAPINIS																								
Mexican Chicken	•		•							•	•													
Veggie	•						•				•									•				
Turkey Club	•						•			•	•													



FACTORY		OATS GLUTEN	BARI	ALUTEN.	UTEN	ZEN.	EANS				<i></i> ≥		NC7	ONUT	5	MC7		5	4		0	SEEDS	S	ć
FOOD ITEM CONTAINS ALLERGENS:	,	7	3	À A	8	5 6	74		3	5 4	N N	\$	4 6		₹ .	Q .	5 3	>	<i>5</i> ≥ <i>i</i>	E A	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	JE S	E ≥	Š
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SOUPS																								
Tomato & Basil											•								•			•		
Leek & Potato											•								•					
Chicken & Vegetable	•									•	•								•				1	
INGREDIENTS																								
Onion Stuffing	•									•														
Kerrymaid											•													
Golden Summer Spread											•													
Low Low Mini										•	•													
Pizza Sauce																				•				
Peanut Butter									•															
Cream Cheese (Low Fat)											•													
Emmental Cheese											•													
Liquid Eggs							•																	
Tuna Fish								•																
Shaved Parmesan											•													
Thousand Island							•													•				
Ballymaloe Country Relish																				•				
BBQ Sauce			•																	•				
Mayonnaise							•													•				



FACTORY		OATS SUVEN	BARI	SPELT	RYEGI	CAUST	EANS		PEAMIL		>		V ₂ 7	OMCZ	4	15 _W		5	,			SULPLI	Ş	٥
FOOD ITEM CONTAINS ALLERGENS:	,	74	3	<i>y</i> , <i>y</i>	ن کر	5	740		\$	5 5					χ γ .δ		5 3	~ .	<i>5</i>	£ 2	74PC	"TES	£ .	3
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INGREDIENTS																								
Chicken Caesar	•							•			•								•	•				
Roasted Chicken (Sliced)										•	•													
Sliced Turkey											•													
Chilli Sauce	•		•							•									•					
Pesto Mayo	•										•									•				
Grated Mozzarella											•													
Sliced Red Cheddar											•													
Sliced White Cheddar											•													
Low Fat Yoghurt											•													
Salmon								•																
Garlic											•													
Nutella									•	•	•			•										
DESSERTS																								
Brownie Traybake	•								•	•	•					•						•		
Caramel Shortbread	•								•		•											•		
Chocolate Crunchy	•								•	•	•											•		
Bakewell Traybake	•								•		•				•							•		
Rocky Road Traybake	•		•						•	•	•											•		
White Chocolate Biscuit	•		•						•	•	•											•		



FACTORY		OATS GLUTEN	BARI CLUTEN	GLUTEN	RYEG	TEN	EGG MACEANS				4∕\		PISTA	ONUT	2 ALMON	MC7	,	5	4		9	SULPLI	ES	
FOOD ITEM CONTAINS ALLERGENS:	,	77	3 4	4 4	<i>₹</i>		A A		Š	5 4		. 3	YEW S	.	> } .0		5 3	<u> </u>	> }	F 1	₹, 40°	DIL	£ 3	. Š
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SCONES & COOKIES																								
Fruit Scone	•						•			•	•													
Organic Rice Cakes											•													
Polkadot Rainbow Nation	•						•			•	•					•								
Polkadot Rocky Mountain Road	•						•			•	•					•								
SMOOTHIES																								
Keep It Simple											•													
Berry Bomb											•													
Tropical Passion											•													
Kiwi Kick											•													
Banana Paradise											•													
Yellow Mellow											•													