



The Salmon Leap Inn

Breakfast Menu

The Leap Full House 1,3,6,9,10,11,13

2 Annascaul sausages, 2 bacon, free range fried egg, Annascaul black & white pudding, fried potatoes & beans.....€9.80

O' Sheas Classic 1,3,6,9,10,11,13

Annascaul sausage, bacon, free range fried egg, Annascaul black & white pudding, fried potatoes€7.90

The Veggie Breakfast 1,3,6,9,10

Fried mushrooms, beans, fried potatoes, tomato, 2 free range fried eggs€7.90

All of the above are served with toast, tea/filtered coffee. For premium coffees (Americanos, Cappuccino, Latté etc.) a supplement of €2 will be charged

Avocado Toast 1,3,6,9,13

Avocado on sourdough bread, 2 poached free range eggs & rocket€7.90
(Add bacon for €2 extra)

Eggs & bacon 1,3,6,9,13

2 free range eggs any style & 2 slices of crispy bacon on sourdough bread€7.90

French toast 1,3,6,8,9,12,13

Brioche French toast, 2 slices of crispy bacon, sliced banana & maple syrup with berry compote.....€7.90

House Omelette 3,6,9,13

Ham, cheese, tomato, spring onion.....€9.50

Fresh scone 1,3,6,9,13€2.10

Toast 1,3,6,9,12€1.50

All 14 allergens are openly used throughout our kitchen. Trace amounts may be present at all stages of cooking.

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|----------------|---------------|
| 1. Gluten | 8. Nuts |
| 2. Crustaceans | 9. Milk |
| 3. Eggs | 10. Celery |
| 4. Fish | 11. Mustard |
| 5. Molluses | 12. Sesame |
| 6. Soybeans | 13. Sulphites |
| 7. Peanuts | 14. Lupin |



THE SALMON LEAP INN

Breakfast Served Fri-Sun

9am-11:45am

Tea & Coffee Menu

Tea	2.50
Green Tea	2.80
Peppermint Tea	2.80
Americano	3.00
Cappuccino	3.20
Flat White	3.20
Latte	3.35
Espresso	2.80
Hot Chocolate	3.00
Macchiato	3.00
Mocha	3.20

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