

10th Sept 2021

The Botanist main menu - ALLERGEN INFORMATION

X

INDICATES PRESENCE OF ALLERGEN

WE TAKE EVERY CARE & ATTENTION TO IDENTIFY ALLERGENS IN OUR INGREDIENTS, BUT WE CANNOT GUARANTEE THAT OUR DISHES ARE 100% ALLERGEN FREE DUE TO RISK OF CROSS CONTAMINATION, THIS INCLUDES ITEMS THAT ARE COOKED IN OUR DEEP FAT FRYERS WHERE INGREDIENTS THAT INCLUDE GLUTEN HAVE ALSO BEEN COOKED. OUR DEEP FAT FRYERS CONTAIN REFINED G.M. SOYA OIL

UPDATED ON 10/05/2021

Nibbles & Starters	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Calamari	X WHEAT			X		X		X		X		X	X		X
Pea houmous	X WHEAT						X ALMONDS		X						
Salt and pepper onion petals						X		X							X
Crunchy Pork crackling								X	X						
Cumberland scotch egg	X WHEAT BARLEY RYE		X			X		X			X	X			X
Salt and pepper chicken wings												X			
Baked camembert	X WHEAT BARLEY RYE					X		X							
Cheesy garlic bread	X WHEAT		X			X		X							
Cauliflower wings	X WHEAT							X			X	X			X
Botanist Boards	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Hot Board	X WHEAT BARLEY RYE	X	X			X		X		X	X	X			X
Patatas bravas	X WHEAT							X		X	X				X
Chicken skewers															
Cumberland Scotch egg	X WHEAT		X			X		X				X			X
Whole garlic prawns		X				X									
Baked Camembert with prosciutto	X WHEAT BARLEY RYE					X									
Vegan Board	X WHEAT						X ALMONDS	X	X	X	X	X			X
Bang bang cauliflower	X WHEAT							X				X			X
Padron Peppers								X	X						
Pea houmous with mint and almond pesto							X ALMONDS		X						
Heritage tomato salad	X WHEAT									X		X			
Mustard glaze vegan sausage											X	X			
Mains	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Fish and Chips	X WHEAT BARLEY		X	X				X			X	X			X
Heritage Tomato and Burrata Salad	X WHEAT					X				X		X			
Heritage Tomato Vegan Salad	X WHEAT									X		X			
Add Grilled Chicken															
Pan Fried Seabass	X WHEAT			X			X ALMONDS	X			X				
Black Angus Sirloin Steak								X		X					X
chimichurri												X			
pepper sauce						X		X		X					
Lamb and Mint Pie								X		X		X			X
Coconut Sweet Potato Pie								X			X	X			X
Crispy Halloumi Burger	X WHEAT		X			X		X	X		X	X			X
Plant Based Burger	X WHEAT BARLEY							X	X	X	X	X			X
Chicken Burger	X WHEAT		X			X		X	X		X				X
Cheeseburger	X WHEAT		X			X		X	X						X

Burger Toppings															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Smoked Bacon															
Shorrocks Lancashire Cheese						X									
Garlic and Herb Mushrooms															
Red Cabbage Coleslaw								X			X	X			
Hanging kebabs															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Chicken								X				X			X
Chicken and Chorizo						X		X				X			X
Crispy Halloumi	X WHEAT		X			X		X				X			X
Lamb Kofta	X WHEAT							X				X			X
Salt and Pepper Pork Belly								X				X			X
Sides															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Grilled Flatbread	X WHEAT					X									
House Salad												X			
Tenderstem Broccoli with Almonds							X ALMONDS								
Roast Sweet Potato												X			
Red Cabbage Coleslaw								X			X	X			
Properly Seasoned Chips								X							X
Sweet Chilli Chips								X	X			X			X
Chunky Chips								X							X
Condiments															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Malt Vinegar sachet	X BARLEY														
Tomato ketchup										X					
Mayonnaise			X								X				
Dijon mustard											X	X			
English mustard	X WHEAT										X	X			
Wholegrain mustard											X	X			
Horseradish Sauce			X			X					X	X			
HP Brown sauce	X BARLEY RYE														
Vegan Mayo								X			X				
Desserts															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Cheesecake	X WHEAT BARLEY					X	X PISTACHIOS								
Dark Chocolate and Peanut Butter Pot	X WHEAT				X		X	X							
Sticky Toffee Pudding						X									
Cookie Dough	X WHEAT		X			X		X				X			
Lemon Tart			X			X		X				X			
Ice cream selection															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Vanilla						X									
Pistachio						X	X PISTACHIOS								
Mint chocolate chip						X		X							
salted caramel						X		X							
Chocolate						X		X							
Strawberry						X									
new raspberry sorbet															
vanilla non dairy ice cream								X							

# Botanist main Menu REDUCED- ALLERGEN INFORMATION

X

INDICATES PRESENCE OF ALLERGEN

WE TAKE EVERY CARE & ATTENTION TO IDENTIFY ALLERGENS IN OUR INGREDIENTS, BUT WE CANNOT GUARANTEE THAT OUR DISHES ARE 100% ALLERGEN FREE DUE TO RISK OF CROSS CONTAMINATION, THIS INCLUDES ITEMS THAT ARE COOKED IN OUR DEEP FAT FRYERS WHERE INGREDIENTS THAT INCLUDE GLUTEN HAVE ALSO BEEN COOKED. OUR DEEP FAT FRYERS CONTAIN REFINED G.M. SOYA OIL

UPDATED ON 10/05/2021

Nibbles & Starters	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Calamari	X WHEAT			X		X		X		X		X	X		X
Pea houmous	X WHEAT						X ALMONDS		X						
Salt and pepper onion petals						X		X							X
Crunchy Pork crackling								X	X						
Cumberland scotch egg	X WHEAT BARLEY RYE		X			X		X			X	X			X
Salt and pepper chicken wings												X			
Baked camembert	X WHEAT BARLEY RYE					X		X							
Cheesy garlic bread	X WHEAT		X			X		X							
Cauliflower wings	X WHEAT							X			X	X			X
Mains	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Fish and Chips	X WHEAT BARLEY		X	X				X			X	X			X
Heritage Tomato and Burrata Salad	X WHEAT					X				X		X			
Heritage Tomato Vegan Salad	X WHEAT									X		X			
Add Grilled Chicken															
Pan Fried Seabass	X WHEAT			X			X ALMONDS	X			X				
Black Angus Sirloin Steak								X		X					X
chimichurri												X			
pepper sauce						X		X		X					
Lamb and Mint Pie								X		X		X			X
Coconut Sweet Potato Pie								X			X	X			X
Crispy Halloumi Burger	X WHEAT		X			X		X	X		X	X			X
Plant Based Burger	X WHEAT BARLEY							X	X	X	X	X			X
Chicken Burger	X WHEAT		X			X		X	X		X				X
Cheeseburger	X WHEAT		X			X		X	X						X
Burger Toppings	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Smoked Bacon															
Shorrocks Lancashire Cheese						X									
Garlic and Herb Mushrooms															
Red Cabbage Coleslaw								X			X	X			
Hanging kebabs	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Chicken								X				X			X
Chicken and Chorizo						X		X				X			X
Crispy Halloumi	X WHEAT		X			X		X				X			X
Lamb Kofta	X WHEAT							X				X			X
Salt and Pepper Pork Belly								X				X			X

## Continued reduced MAIN MENU - ALLERGEN INFORMATION

X

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### Sides

	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Grilled Flatbread	X WHEAT					X									
House Salad												X			
Tenderstem Broccoli with Almonds							X ALMONDS								
Roast Sweet Potato												X			
Red Cabbage Coleslaw								X			X	X			
Properly Seasoned Chips								X							X
Sweet Chilli Chips								X	X			X			X
Chunky Chips								X							X

### Condiments

	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Malt Vinegar sachet	X BARLEY														
Tomato ketchup										X					
Mayonnaise			X								X				
Dijon mustard											X	X			
English mustard	X WHEAT										X	X			
Wholegrain mustard											X	X			
Horseradish Sauce			X			X					X	X			
HP Brown sauce	X BARLEY RYE														
Vegan Mayo								X			X				

### Desserts

	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Cheesecake	X WHEAT BARLEY					X	X PISTACHIOS								
Dark Chocolate and Peanut Butter Pot	X WHEAT				X		X	X							
Sticky Toffee Pudding						X									
Cookie Dough	X WHEAT		X			X		X				X			
Lemon Tart			X			X		X				X			

### Ice cream selection

	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Vanilla						X									
Pistachio						X	X PISTACHIOS								
Mint chocolate chip						X		X							
salted caramel						X		X							
Chocolate						X		X							
Strawberry						X									
new raspberry sorbet															
vanilla non dairy ice cream								X							

# The Botanist Brunch menu - ALLERGEN INFORMATION

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UPDATED ON 06/05/2021															
EGGS and TOFU															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Fried eggs			X												
Baked shakshuka	X WHEAT		X			X				X					
Scrambled tofu	X WHEAT							X		X					
HEARTY															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Cumberland sausage wheel	X WHEAT											X			
Smoked trout and salmon pate	X WHEAT		X	X		X					X	X			
Plant based smoked sausage											X	X			
BAKERY															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Warm Croissant	X WHEAT		X			X									
Toasted seeded bread	X WHEAT														
Jalapeno cornbread	X WHEAT		X			X						X			
FRUIT and GRAINS															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Melon and pink grapefruit															
Passion fruit and coconut chia yoghurt pot								X				X			
Papaya and buckwheat granola								X				X			
SWEET															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Dark chocolate and peanut butter pot	X WHEAT				X		X	X							
Nutella French toast	X WHEAT		X			X	X HAZLENUTS	X							
Carrot cake overnight oats						X						X			
Condiments															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Malt Vinegar sachet	X BARLEY														
Tomato ketchup										X					
Mayonnaise			X								X				
Dijon mustard											X	X			
English mustard	X WHEAT										X	X			
Wholegrain mustard											X	X			
Horseraddish Sauce			X			X					X	X			
HP Brown sauce	X BARLEY RYE														
Vegan Mayo								X			X				

# The Botanist dessert menu - ALLERGEN INFORMATION

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UPDATED ON 18/06/2020

## Desserts

	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
White Chocolate and Raspberry cookie dough	X WHEAT		X			X		X				X			
Cheesecake	X WHEAT BARLEY					X	X PISTACHIOS								
Caramelised Banana	X WHEAT						X CASHEWS	X				X			
Somerset Brie	X WHEAT					X									
Dark Chocolate and Glayva Cremeux			X			X		X							

## Ice cream selection

	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Vanilla						X									
Pistachio						X	X PISTACHIOS								
Mint chocolate chip						X		X							
salted caramel						X		X							
Chocolate						X		X							
Strawberry						X									
new raspberry sorbet															
vanilla non dairy ice cream								X							



# The Botanist kids brunch menu - ALLERGEN INFORMATION

**X**

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UPDATED ON 06/05/2021

## Kids Brunch

	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Fried egg, bacon and seeded toast	X WHEAT		X												
Melon and pink grapefruit															
Pancakes with maple syrup	X WHEAT		X			X		X							

## Condiments

	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Malt Vinegar sachet	X BARLEY														
Tomato ketchup										X					
Mayonnaise			X								X				
Dijon mustard											X	X			
English mustard	X WHEAT										X	X			
Wholegrain mustard											X	X			
Horseraddish Sauce			X			X					X	X			
HP Brown sauce	X BARLEY RYE														
Vegan Mayo								X			X				





Siren Lumina (GF)	<u>NO</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Tiny Rebel Electric Boogaloo	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Northern Monk Origin (GF)	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Goose IPA	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Lefte Blonde	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Paulaner heffe	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Lindemans Pecheresse	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Hawkhead Brodie's Prime Porter	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>NO</u>	
Siren Broken Dreams stout	<u>YES</u>	N	<u>YES</u>	N	N	N	N	<u>YES</u>	N	N	N	N	N	N	N	N	<u>NO</u>	
Heineken Zero	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Erdinger Alkoholfrei	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Moretti Non Alc	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Levig No Worries	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
Schöfferhofer Grapefruit	<u>YES</u>	N	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	
<b><u>Bottled Cider</u></b>																		
Sheppy's 200	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	<u>YES</u>
Sassy Le Vertueux Perry	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	<u>YES</u>
Thatchers Katy	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	<u>YES</u>
Rekorderlig Strawberry Lime	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	<u>YES</u>
Rekorderlig Wild Berries	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	<u>YES</u>
Rekorderlig Passionfruit	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	<u>YES</u>
Rekorderlig Mango Raspberry	<u>YES</u>	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	<u>YES</u>	<u>YES</u>







