Regular Large **Traditional Teas** €3.25 €5.95 A blend of the finest tea leaves. €3.95 **Speciality Herbal Teas** A selection of infused loose leaf herbal teas. €3.50 €3.95 Americano A rich black coffee made with espresso \mathfrak{S} hot water. **Espresso** €3.50 €3.95 A shot of strong intense coffee. €3.95 €3.50 Cappuccino Espresso with smooth, silky textured milk. (M) Latte €3.50 Espresso \mathcal{E} steamed milk. (M) €3.50 Mocha Espresso with lashings of chocolate \mathfrak{S} milk. (M) €3.50 **Hot Chocolate** A cup of milky rich hot chocolate. (M)€0.50

Add a shot of flavour €0.50 Hazelnut, Cinnamon, Vanilla or Caramel.

Something Sweet...

Dessert of the Day	€5.25
Selection of Ice cream	€4.95

Allergen information is listed on the inside.

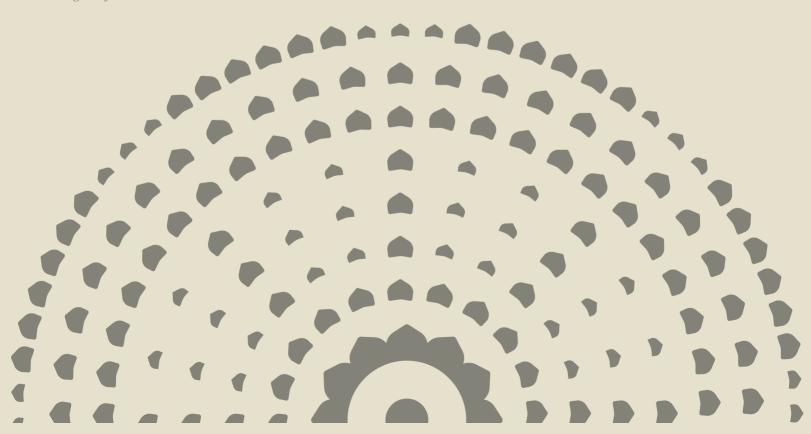




HOTEL·LEISURE·EVENTS

Bar Menu

AT SWIFT BARS



Sandwich Menu

All served with side garnish and crinkle cut crisps	All served	with s	side	garnish	and	crinkle	cut	crisps
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0	-
Add Potato Wedges or Chips	€3.50
Toasted	€0.50
Chicken, Mayo & Spring Onion	€6.20
(G WHEAT) (M) (E)	
Ham, Dubliner Cheddar &	€6.20
Ballymaloe Relish	
(G WHEAT) (M) (E)	
Tuna & Cream Cheese	€6.20
(G WHEAT) (M) (E)	
Cornation Chicken	€6.20
(G WHEAT) (M) (E)	
Ham	€6.20
(G WHEAT) (M) (E)	
Ham and Cheese	€6.20
(G WHEAT) (M) (E)	

Healthy Basket

Quinoa Protein Bites, Thai Core	€9.95
Cruncher Bar & Broghies with Guacamo	le Dip
Salt free sugar free 19 calories from our	
gourmet healthy range	

Kids Menu

Chicken Tenders with Chips (G WHEAT) (M)	€7.50
Sausages and Chips (G WHEAT) (M) (CC)	€7.50
Macaroni and Cheese Sauce (G WHEAT) (CC) (MD) (M) (E)	€8.00
Mini Burger and Fries (G WHEAT) (MD) (SD)	€8.00

Mains

Mains	
Prime Irish Beef Burger	€13.50
with Crunchy Lettuce, Beef Tomato	
& Homemade Relish	
served on a Brioche Bun with French	Fries
(CC)(MD)(SD)(GWHEAT)(E)(M)	
The Dedy Durger	€17.00
The Body Burger with Avocado & House Relish	£17.00
served on a Brioche Bun	
with Sweet Potato Fries	
(CC) (MD) (SD) (G WHEAT) (E) (M)	
(100 percent fat free burger contains 23g	protein)
	1 /
Cajun Chicken Fillet Burger	€12.50
or Veggie Burger	
with Beef Tomato & Chilli Mayonnais	se
served with French Fries on a Brioch	e Bap
(CC)(MD)(SD)(GWHEAT)(E)(M)	
Chicken Curry	€16.50
blended with our own spices and	
served with Rice or French Fries	
(SD)(MD)(CC)(M)(GWHEAT)(E)	
3oz Minute Steak Sandwich	€16.50
on Ciabatta bread with Saute Onion,	
pickled Red cabbage and Beef tomate	0
served with salad and Fries	
(N) (SS) (G WHEAT) (E) (M)	
Beer Battered Fillet of Hake	€15.00
red cabbage slaw and French fries,	
Tartare sauce	
(F)(M)(G WHEAT)(E)	
Sharing Platter for Two	€14.00
Chicken Goujons, Vegetable Spring F	
Potato Wedges & Chicken Yakatori Sl	
(SD) (SS) (G WHEAT) (E) (M) (MD)	
All prices are inclusive of 00/ MAT	
All prices are inclusive of 9% VAT.	1.1.1.1
Food Allergies & Intolerances: Before you order your food please speak to a member of our team if you have a foo or intolerance. Please see below where the allergens are I and then presented in that format under each ite	d allergy isted which
(SHF) Shellfish • (F) Fish • (P) Peanuts • (N) Nuts • (G) Gluten

(SHF) Shellfish • (F) Fish • (P) Peanuts • (N) Nuts • (G) Gluten (M) Milk • (S) Soya • (MD) Mustard • (SD) Sulphur Dioxide (SS) Sesame Seeds • (E) Egg • (CC) Celery & Celeriac • (L) Lupin

TEA, COFFEE OR SOMETHING SWEET **)**