

TEHRAN GRILL

تهران

SINCE 2011

LUNCHMENY | LUNCH MENU

KOLGRILLAT | FROM THE GRILL

BARG GOOSFAND 145

Lammytterfilé med saffransris, gurkyoghurt, shirazsallad & bröd.
Lamb sirloin with saffron rice, cucumber yoghurt, shiraz salad & bread.

JOOJE KEBAB 130

Saffransmarinerad kycklinglårfile med berberisris, vildvitlöksyoghurt, shirazsallad & bröd.
Saffron marinated chicken thighs fillet with barberry rice, garlic yoghurt, shiraz salad & bread.

KOOBIDE ZAFARANI 119

Saffranskryddad lammfärs med saffransris, vildvitlöksyoghurt, shirazsallad & bröd.
Saffron spiced minced lamb with garlic yoghurt, shiraz salad, saffron rice & bread.

VEGETARISKT

GRILLSPETT 125

Grönsakspett med halloumi och portabellosvamp, serveras med gurkyoghurt, saffransris & bröd.
Vegetable skewer with halloumi and portabello mushroom, served with cucumber yoghurt, saffron rice & bread.

GRYTOR | STEWS

GHEIME BADEMJAN 119

Lammkött, gula linser, aubergine & potatischips med gurkyoghurt, berberisris & bröd.
Lamb, lentils, eggplant & potato chips with cucumber yoghurt, barberry rice & bread.

AUBERGINGRYTA 115

Gula linser, aubergine & potatischips, serveras med shirazsallad & berberisris
Lentils, eggplant & potato chips, served with shiraz salad & barberry rice

GHORMEH SABZI 119

Lammgryta med färska örter, torkad lime & kidneybönor.
Lamb stew with fresh herbs, dried lime & kidney beans.

EXTRA SPETT | EXTRA SKEWERS

BARG 95

JOOJE 75

KOOBIDE 60

VEGETARISKT 75

I GLASET | TO DRINK

RÖTT
LUSTHOF PINOTAGE 105|385

VITT
CASA DE COMPOSTELA 105|385

ROSÉ
FINCA VIEJA 105|345



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ALLERGISK?
FRÅGA PERSONALEN

TEHRAN GRILL

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SINCE 2011

VIN | WINE

RÖTT | RED

VALPOLICELLA SUPERIORE
129|465
Doc Ripasso, Veneto, Italy

LUSTHOF PINOTAGE 105|385
Paarl, South Africa

PIANO RESERVA 119|425
Tinta Roriz, Douro, Portugal

MURATIE RONNIE 135|489
Shiraz, Stellenbosch, South Africa

CHÂTEAU CRILLON 115|415
AOC Ventoux, Frankrike

MAGNOLIA HILL 690
Zinfandel, Amador County, CA, USA

RUMI 610
Persian producer in Napa Valle, CA, USA

VITT | WHITE

CASA DE COMPOSTELA 105|385
Vinho Verde, Portugal

MURATIE ISABELLA 115|425
Chardonnay, Stellenbosch, South Africa

RIESLING KLASSIK 429
Langenlois – Kamptal, Österrike

DURBANVILLE 120|455
Sauvignon Blanc, Durbanville, South Africa

ROSÉ

FINCA VIEJA 105|345
Manzanares, Espana

ZWEIGELT ROSÉ 115|415
Langenlois, Austria

ÖL & CIDER | BEER & CIDER

1664 BLANC 69
Veteöl, alc 5% vol, 33 cl

BROOKLYN LAGER 79
Alc 5.2% vol, 35.5 cl

100 W IPA 79
Starköl, alc 6.8% vol, 33 cl

STAROPRAMEN 65
Alc 5% vol, 33 cl

CARLSBERG HOF 60
Ekologisk starköl, alc 4.2% vol, 33 cl

CELIA 69
Glutenfri, ekologisk, 4.5% vol, 33 cl

SOMERSBY PÄRONCIDER 65
Alc 4.5 % vol, 33 cl

ÖVRIG DRYCK | BEVERAGES

LÄSK | SODAS 25
Pepsi, Pepsi max, Zingo, 7up,
bubbelvatten

LÄTTÖL 25

DOUGH 25
Persian yoghurt drink

KAFFE | COFFEE

BRYGGKAFFE 15

PERSISKT SVART TE 15

ESPRESSO 25 | 35

MACCHIATO 29| 39

CAPUCCINO 39

CAFFE LATTE 45



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