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The links Art Gallery, Dukes Walk, Whitley Bay, Tyne and Wear, NE26 1TP





Colazione (breakfast)		Continental Breakfast Special®		Soup of the Day	
Served all day Bacon Ciabatta	£4.25	warm croissant with a glass of fresh orange juice, bowl of fruit salad and a regular coffe or tea of your choice		with ciabatta with cheese toastie with filled focaccia or filled piadina	£3.95 £4.95 £6.95
Cumberland Sausage Ciabatta £4.25		Toasted Ciabatta		Insalate and Tapas	
Scrambled Egg on Toast with bacon or sausage and maple syrup with smoked salmon Pancakes	£4.50 £4.95 £5.50	Halloumi Ciabatta grilled halloumi, fresh rocket, tomato & sweet chilli preserve Pollo Valdostana	£5.50	Italian Tapas (Ideal to sha selection of mediterranean vegetables in olive oil, selection of sliced meat & cheeses. selection of mini bruschetta & salads.	nre) £10.95
		chicken breast coated in breadcrumbs, parma ham,	_5.50	Insalata Pollo and Avocado £5	
with bacon, sausages and maple syrup with banana and nutella with fresh fruit and honey w	£5.95 £4.95 £4.95	mozzarella and tomato. Bacon and French Brie bacon, brie, sweet chilli and tomato preserve.	£5.50	grilled chicken and crispy bacon salad with avacado fresh tomatoes, rocket and mixed leaves, drizzled v lemon mayonnaise.	
Filled Croissant		Caprese ♥ tomato, basil pesto, mozzarella and oregano.	£4.95	Insalata Caprese £5.5 fresh tomato and mozzarella with basil pesto, served on a bed of mixed leaves and rocket with marinated olives and	
with smoked salmon, soft cheese, chives and spring onion	£4.85	Parma & Melenzane parma ham, provolone cheese, fresh rocket, grilled aubergines in olive oil	£5.50	finished with balsaic glaze. Insalata Greca grilled halloumi served on a bed of mix leaves & ro	£5.95
with parma ham and mozzarella	£4.50	Ciabatta Montalbano chicken breast coated in breadcrumbs, with bacon, avocado, fresh tomato and rocket.	£5.50	with marinated olives, grilled aubergines, sundried tomatoes, finished with olive oil, origano & balsamic glazes.	
Colazione Leggera (light breakfast)		Pulled Pork Ciabatta	£5.50	add crostini bread to your salads	£0.75
Avocado Toast Smashed avocado with fresh lemon, chilli olive oil, on brown toasted bloomer finished with fresh rocket and balsamic glaze add scrambled egg	£4.95	slow cooked pulled prok in a BBQ sauce with provolone piccante cheese.		Menu Bambini (Kids Menu)	
	£1.00	Salsiccia £5.50 gourmet cumberland sausage with caramelised onion and melted provolone cheese.		Italian stone baked focaccia pizza filled with tomato sauce, mozzarella and ham	£4.25
add smoked salmon	£1.50			Scamble egg on toast	£3.95
Organic Bio Yogurt with nutty granola and fresh mixed berries topped with honey.	£3.95	Add a delicious Mediterranean side salad to your sandwiches £1.95		Cheese toastie	£3.50
				Pancakes with maple syrup	£2.95
Fresh Fruit Salad	£3.50	Please check out blackboard for Todays Specials and our delicious selection of Italian cakes on display		Pancake with bacon and sausage	£3.95
Toast (white or brown) served with jam and butter or honey.	£2.20	All our food is available to take out!		Pancakes Nutella	£3.95





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