GLASSON LAKEHOUSE

Killinure, Glasson, Athlone, Co Westmeath

BREAKFAST

Coffee

Tea - Breakfast | Green | Mint | Earl Grey | Chamomile

Juice - Cranberry | Orange | Apple

HEALTHY

Hot Irish Oatmeal Raw Sugar, Raisins, Steamed Milk (1e,4, 13) Fruit & Killoween Yoghurt

SELECTION OF CEREALS

Muesli, All Bran, Cornflakes, Granola, Weetabix (1a,1e,1f) Served with choice of Milk or Yogurt

EGGS

Florentine (1a,4,7) Spinach, Poached Eggs & Hollandaise **Royale** (1a,4,7,8) Smoked Salmon

Benedict (1a,4,7) Grilled Ham, Poached Eggs, Hollandaise

Scrambled (7) with choice of Grilled Sausage (1) / Bacon or Smoked Salmon (8)

THE REST

Butternilk Pancakes, Fresh Fruit & Maple Syrup (1a,4,7)

French Toast, Banana, Mascarpone Cheese (1a,4,7)

Toasted Bagel, Cream Cheese, Crispy Bacon

Glasson Full Irish (1a,4,7,12,13)

Grilled Pork Sausage, Black & White Pudding, Flat Cap Mushroom, Roast Tomato, Potato Hash & Egg

Full Veggie Sausage, Beans, Mushroom, Tomato, Potato Hash

KIDS

Sausage, Bacon, Scrambled Eggs & Toast (1a,4,7,13)

French Toast, Maple Syrup (1a,4,7)

Pancake, Maple Syrup and Fresh Fruit (1a,4,7)

Discretionary service charge of 12.5% on tables of 6 and more.

1 Gluten (A-Wheat, B- Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), 4 Milk, 5 Crustaceans (A-Crab, B- Lobster, C-Craysh, D-Shrimp), 6 Mollusc, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur dioxide & sulphites, 14 Lupin

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. Please ask our staff should you have additional queries. All our Beef is of Irish Origin.



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