

Breakfast

7am to 2:00pm M-F -

Tam to 1.30pm S-S

TOAST V GFO 7.9

Sourdough or Fruit Loaf served with butter and your choice of two spreads: Vegemite, Raspberry Jam, Nutella, Peanut Butter or Honey.

#### BARETTO EGGS V GFO DF 13.9

Two eggs - cooked your way, (*Fried, Poached*) or (*Scrambled* \$1) with a smear of beetroot relish. (*Add extras* – *serving suggestion*)

#### CHEESE & HERB OMELETTE V GFO 18.9

Cheddar cheese & fresh herbs combined to create your flavourful breakfast. (*Add any two other ingredients from the extras selection* \$5.0)

#### AVOCADO ON TOAST V GFO DFO 18.5

Served with a poached egg, sliced tomato, crumbled feta, toasted dukkah & finished with a balsamic glaze dressing. (*Scrambled egg add* \$1)

#### NOURISH BOWL GFO DF 21.9

Served warm with two poached eggs, chicken breast, avocado, fried sweet potato, spinach leaves, topped with hummus and seeds.

#### BIG BREAKY GFO DF 27.5

Two eggs - cooked your way, with bacon, sausage, tomato, mushrooms, hash brown & baked beans. (*Scrambled egg* \$1)

Breakfast

CONTINUED.....

#### EGGS BENEDICT VO DF GFO

Two poached eggs topped with hollandaise, served on a toasted English muffin with fresh spinach and your choice of the following:

Thyme Mushrooms**21.9**Bacon or Smoked Salmon**23.9** 

#### CANADIAN PANCAKES

Three light & fluffy pancakes served with crispy maple bacon, fresh berries & vanilla ice cream

21.5

#### POTATO ROSTIE GF DF 24.5

House made Rostie resting on spinach, topped with grilled asparagus, bacon, avocado, poached egg and herbed hollandaise sauce.

#### CORNBREAD V 22.9

Made in house like Nonna used to! Cut thick, served with a cherry tomato salad, rocket, fresh avocado, a poached egg and a side of sour cream.

#### BACON, EGG & CHEESE TOASTY GFO 10

White or Multigrain with your choice of BBQ or Tomato sauce (in a roll add \$1.5)

#### BLAT DF 14.5

Bacon, lettuce, avocado & tomato, dressed with aioli on a toasted Turkish roll.

#### BREAKY BURGER 16.5

Sausage patty, caramelised onion, cheese, spinach, BBQ sauce, and a fried egg served on a toasted milk bun.

#### EXTRAS:

 Extra Egg - Hash Brown - Gluten Free Toast - Extra Toast
 3 each

 Spinach - Tomato - Feta Cheese - Baked Beans
 4 each

 Avocado - Mushrooms - Haloumi
 4.5 each

 Bacon - Sausage - Smoked Salmon
 5.5 each

 Sauces: Aioli - Relish - Hot Chilli
 1 each

Lunc

11am to 2:30pm M-F - 11am to 2pm S-S

#### BEEF BRISKET FETTUCCINE DF 20.9

Brisket, slow cooked for five hours in red wine and aromas, combined with a light Napoli sauce, and selected vegetables, served with shaved parmesan cheese.

#### RISOTTO CON ASPARAGI GF 22.5

King prawns & asparagus risotto cooked to perfection with fresh herbs and served with lemon butter.

#### CLASSIC FISH & CHIPS DF 21.5

Crunchy tempura battered flathead served with thick cut chips, a fresh garden salad finished with a slice of lemon & tartare sauce.

#### SAVORY MINCE GF DF 18.9

Traditional slow cooked beef mince, served with basmati rice, a fried egg and sourdough toast.

#### CHICKEN CAPRESE SALAD GF 21.9

Fresh tomato, layered with fior di latte mozzarella, a rocket salad, fresh grilled chicken tenders and a drizzle of basil pesto.

#### HERB CRUSTED BARRAMUNDI GF DF 28.9

Barramundi fillet resting kipler potato, broccolini, cherry tomato, red onion, baby gems and rocket, topped with lemon butter.

#### HALOUMI & AVOCADO SALAD GF V 19.5

A beautiful and tasteful salad made with grilled halloumi, roasted pumpkin, tricolour quinoa, leaves, topped with fresh avocado and lemon dressing.

Lunch

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## Pizzas 9"

#### THE ITALIAN V

20.9

Black olives, bocconcini, caramelized onion, fresh rocket, pesto and parmesan cheese.

#### **BBQ MEAT LOVER** 22.0

Tender chicken pieces, bacon, salami, mozzarella cheese, caramelised onion & a smoky BBQ sauce.

#### MEDITERRANEAN V 18.9

Roasted vegetables, basil pesto & feta cheese.

#### MARGHERITA V 15.9

Fresh herbs, mozzarella cheese & tomato sauce.

23.5

#### Extras:

•	Salami, Chicken, Bacon, Anchovies	add	\$3 each
•	Olives, Cheese, Feta, Egg, Pineapple	add	\$2 each

# Burgers served with chips

#### **BEEF BURGER**

150g. Beef patty with lettuce, tomato, beetroot, crispy bacon, cheese, onion and our house made mustard mayo sauce.

#### CRISPY FRIED CHICKEN 23.0

Served on a milk bun with lettuce, tomato, pickles, avocado and jalapenos sauce.

#### VEGGIO'S VGO V GFO

House made lentil and sweet potato patty with relish, minted yoghurt, rocket & roasted peppers.

21.5

# Beverage Menu

HOT DRINKS	Cup	Mug
Espresso Liscio	3.5	
Long Black	4.0	5.0
Hot Chocolate/Mocha	4.0	5.0
Latte/Cappuccino/Flat White	4.0	5.0
Piccolo	4.0	
Macchiato - short / long	4.0	4.5
Chai Latte	4.0	5.0
Babycino	2.0	-

## HERBAL INFUSION TEA

Mint & ginger 5.0 Ginger, honey & lemon **LOOSE LEAF TEA - English Breakfast**, 5.0 Earl Grey, Peppermint, Green tea 0.5 **EXTRAS** 

Almond/Soy/Lactose Free/Oat, Decaf, Vanilla/Caramel/Hazelnut syrup, extra coffee shot, Honey

COLD DRINKS- Blended	Sml	Lrg
Milkshakes	5.0	6.0
Frappés	7.5	8.5
(Frappés are blended with flavouring, milk,		

ice cream & topped with cream)

Chocolate, Vanilla, Strawberry,

Caramel, Banana, Mint, Coffee

ICED DRINKS	Sml	Lrg	
Iced Long Black / Iced Latte (coffee, ice & water/milk)	5.5	6.5	
Iced Chai / Iced Mocha (coffee or chai, ice & milk)	5.5	6.5	
Iced Coffee / Iced Mocha	7.5	8.5	
(coffee, milk, chocolate & ice-cream topped with whipped cream)			
Italian Iced Coffee		5.5	
(STRONG! 3 shots of coffee & your choice of syrup shaken & served with ice)			
Affogato Liscio		10	
(double espresso with ice cream)			
Affogato Corretto (double espresso, liqueur & ice cre	am)	14	

# il Baretto FRESH JUICES

**Fruit Cocktail** Strawberries, watermelon, pineapple, orange, apple Vitamin C Orange, watermelon, grapefruit **Green Addiction** 

Cucumber, mint, apple, spinach, celery Detox Carrot, celery, apple, ginger **Pine Fresh** Pineapple, apple, mint Make Your Own (Large only)

# **SMOOTHIES**

Pot

Sml 9.5 Lrg 10.5

Sml 8.5 Lrg 9.5

Breaky to Go Banana, muesli, blueberries, frozen yoghurt, skim milk **Berry Blast** Mixed berries, apple juice, frozen yoghurt Choco Fresh Mint, chocolate, frozen yoghurt, skim milk **Mango Smoothie** Mango, yoghurt, skim milk **Banana** Smoothie Banana, yoghurt, skim milk Add Protein Powder 3.0

#### LARGE ONLY **PROTEIN SHAKES**

Banana, Strawberry, Chocolate Vanilla, Caramel	10.0
<b>Pre-work out</b> Banana, oats, whey protein,	12.0
flaxseeds, coconut water <b>Post-work out</b> Green juice & protein powder	12.0

# **BOTTLED DRINKS**

Water Bottle	3.5	
Mineral water & Assorted Drinks	5	
(Coke, coke no sugar, lemonade, soda water, lemon lime bitters, dry ginger ale, tonic water, mineral water, kombucha)		
Assorted Juices – 250ml	4.5	
(orange, apple, pineapple, apple & blackcurrant)		

Beverage Menu

## ON TAP

#### House Pale Ale / Lager 12 10 Second Tap **BOTTLED BEERS** Moretti – Lager 10 Mountain Goat - Hightail Ale 10 Little Creatures – Pale Ale 10.5 Sapporo - Premium Lager 10.5 9.5 Coopers - Light James Squire - Orchid Crush Apple Cider 9.5 Gls **WINES** 9 821 South - Sauvignon Blanc NZ Elephant – Chardonnay SA 9.5 Tread Softly – Pinot Grigio SA 10 Elephant - Pinot Noir 10 SA 9.5 Brockenchack Tru-Su – Rose SA Wolf Blass - Cab Sauv SA 9 **WINES** by the Bottle Cavalier D'Ore - Pinot Grigio IT 42 Church Block – Cab-Sauv-Mer-Shir SA 45 Alamos - Malbec 49 AR La Gioiosa Prosecco 200ml IT 10.5 **SPIRITS RUM - VODKA - GIN** Bacardi - White Rum 10 Havana Club – Dark Rum 11 **Gordons Gin** 10 42 Below Vodka 10 WHISKEY & BOURBON **Jack Daniels** 11 **Gentleman Jack** 14 Jim Beam - White Label 10 Jim Beam - Devils Cut 12 **SCOTCH & SINGLE MALT** 10 Johnny Walker – Red Label Johnny Walker – D'Black Label 12 Glenmorangie – Single Malt (12yr) 18

Btl

35

37

42

42

37

35

# il Baretto

# LIOUEURS 9.5 Kahlua, Baileys, Frangelico, Campari, Aperol, Cointreau, Disaronno, Limoncello, Grappa Francoli, Grappa Nonino. **COCKTAILS** FROZEN STRAWBERRY DAOUIRI \$ 18-White rum, strawberry liqueur, lime juice, strawberries, sugar syrup COSMOPOLITAN \$17-Vodka, cointreau, lime juice, cranberry juice & a hint of orange BANANA BOAT COLADA \$ 18-Rum, banana liqueur coconut cream, pineapple juice IL BARETTO SLAMMER \$ 19-Scotch whiskey, amaretto liqueur, gin, orange & cranberry juice. **ESPRESSO MARTINI** \$ 18-Kahlua, vodka and a fresh espresso shot \$16-MARGARITA Tequila, cointreau, lime juice, sugar syrup MOJITO \$17-White rum, fresh lime, mint, sugar syrup, soda water **BLUE LAGOON** \$16-Blue curacao, malibu, lemonade pineapple juice MOCKTAILS FLAMINGO \$11

Cranberry juice, lemonade, pineapple juice