

**FOOD**

FANCY SOMETHING  
**DIFFERENT?**  
ASK TO SEE OUR  
SPECIALS LIST

**GLUTEN FREE FOOD MENU**

we love to create homemade dishes cooked to order from monthly specials, twisted classics, healthy dishes, to true comfort food. we hope you enjoy them as well.  
we have gluten free and vegan menus if you fancy them.

# SMALL PLATES TO SHARE [ GREAT AS STARTERS OR HAVE A MIX TO SHARE ]

<b>MARINATED OLIVES</b> (veg) fresh olives marinated in herbs	<b>£2.95</b>
<b>SPICED NUTS</b> (nuts, veg) homemade spiced nuts	<b>£2.95</b>
<b>ASIAN WHITEBAIT</b> deep fried whitebait, five spice salt, coriander, dipping sauce	<b>£5.50</b>
<b>TRIO OF HUMMUS</b> (nuts, veg), basil, peri & indian hummus, gf toast and crisp tortilla	<b>£5.50</b>
<b>BREADS &amp; DRIZZLES</b> (nuts, veg), warm gf breads, oil, balsamic, peri and spiced nut mix	<b>£4.95</b>
<b>YORKSHIRE POUTINE</b> hand cut chips, cheese, slow cooked beef, gravy	<b>£5.50</b>
<b>BUTTERMILK PRAWNS</b> prawns, buttermilk crumb, deep fried pickle, pineapple bbq	<b>£6.50</b>
<b>PERSIAN TOASTIE</b> (veg), toasted tortilla, spinach, tomato, olives, hummus, vegan cheese	<b>£5.95</b>
<b>SPICY SKEWERS</b> spiced pork & beef skewers, charred tortilla, crisp salad, chilli jam	<b>£5.95</b>
<b>SALT AND PEPPER RIBS</b> (nuts) crispy fried salt and pepper ribs, asian dipping sauce	<b>£5.95</b>
<b>BOMBAY BALLS</b> (veg), crispy coated, spiced potato balls, salad, yoghurt, masala ketchup	<b>£4.95</b>
<b>COWBOY FRIES</b> , crispy fries, layered with cheese, bacon, BBQ sauce (+ chilli £1.50)	<b>£4.95</b>
<b>KOREAN CHICKEN BALLS</b> buttermilk chicken bites, tossed in korean BBQ sauce	<b>£4.95</b>
<b>STICKY PIGS</b> baby sausages, glazed in a sticky, sweet and spicy glaze, bread	<b>£5.75</b>
<b>THAI BEEF</b> crisp tortilla, slow cooked spicy beef, crispy fried egg, sweet & spicy sauce	<b>£5.95</b>

# THE CROWD PLEASERS [ SOME CLASSICS TO SHARE OR BE SELFISH WITH ]



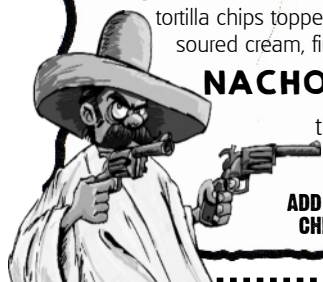
## MUCHOS NACHOS

tortilla chips topped with melted cheese, salsa, guacamole and soured cream, finished with sliced red onion and jalapeno.

**NACHOS. £7.25 (v\*) THE PLANK. £11.95 (v\*)**

the plank is a mega nachos made with a mix of classic and homemade tortilla chips

ADD A TOPPING: CHILLI BEEF +£3.25, BUTTERMILK CHICKEN +£2.95, SPICED CHICKPEAS(V) +£1.75



our classic wings deep fried with a seasoned flour and tossed in your favourite sauce

## LICKIN CHICKEN

- FIRST CHOOSE HOW MANY**  
6...£4.95, 12...£7.50, 24...£13.95
- NOW ADD A LICKIN LIQUOR**  
classic SO! peri butter (j), BBQ, korean (j), hot & sticky (j) masala (j) or garlic butter.

## CHEESE FUN DO FOUR CHEESE FONDUE

our famous four cheese blend, melted with garlic and two types of sweet onions, served with a mix of gf toast and crisp tortilla to dip and munch on. (V)



**£6.95**

## SO! GARLIC

A SO! CLASSIC MELTED GARLIC AND HERB BUTTER, SERVED WITH GF BREAD TO TEAR, SHARE & DIP

**£6.95**

ideal for 2 to share as a starter



# SARNIES

**ALL OUR SARNIES ARE SERVED WITH SKIN ON FRIES & SLAW  
AND IN GLUTEN FREE WRAPS UNLESS OTHERWISE STATED**

## MONTHLY SPECIAL

### SPICED BREAKFAST BURITTO...£8.95

TOASTED WRAP FILLED WITH A MASALA OMELETTE, TOMATO CHUTNEY, SPICED POTATO. SERVED WITH FRESH SLAW AND CHAAT MASALA FRIES (V).

### CAJUN CHICKEN MELT.....£7.50

CAJUN SPICED CHICKEN, MELTED CHEESE, TOMATO AND MAYO.

### PIG & PESTO(NUTS).....£8.75

SMOKED BACON, SWISS CHEESE, TOMATO, LEAF, PESTO AND MAYO.

### THE PO BOY.....£9.25

BUTTERMILK CRUMB KING PRAWNS, LEAF, GARLIC BUTTER AND SPICY MAYO.

### BOLLYWOOD BURRITO (NUTS, VEG).£8.25

CHICKPEAS, PICKLED ONION, CAULIFLOWER, SPICED POTATO, CORIANDER, MINT DRESSING, MASALA KETCHUP AND BOMBAY MIX. ITS WRAPPED IN A TORTILLA LIKE A BURRITO.

### CUBAN TOASTIE.....£7.95

SHREDDED HAM, MELTED SWISS AND CHEDDAR, CHEESE, DILL PICKLE, RED ONION, TOMATO, AMERICAN MUSTARD AND PERI MAYONNAISE.

### MEXICAN WRAP(V+)......£8.95

SALSA, GUACAMOLE, SOURED CREAM, CHEESE, ICEBERG, WITH YOUR CHOICE OF MEXICAN CRUMBED CHICKEN OR MUSHROOM (V).

### DUNKIN BEEF WRAP.....£9.95

YORKSHIRE PUDDING, FILLED WITH PULLED BEEF, MUSTARD MAYO, LEAF AND TOMATO. SERVED WITH HAND CUT CHIPS AND GRAVY.

### SLOPPY GONZALES.....£8.95

A CRISP TORTILLA PARCEL WITH CHILLI BEEF, RICE AND CHEESE. SERVED WITH SALSA AND SOURED CREAM.

### THE PHILLY STEAK.....£10.95

CHAR GRILLED STEAK, COOKED TO YOUR LIKING, FRIED ONION, MUSHROOM, PEPPERS AND MELTED CHEESE. SERVED WITH HAND CUT FRIES.

**SWEET POTATO FRIES? + £1.00**



## SALAD BOWLS [ADD A TOPPING OF YOUR CHOICE]

OUR NEW HEALTH BOOSTING SALADS TO HELP THOSE HEALTHY PROMISES

### QUINOA TABBOULEH (VEG+). . . . .£9.50

QUINOA, CHERRY TOMATOES, CUCUMBER, RED ONION, LASHINGS OF MINT, PARSLEY AND CORRIANDER. WITH LEMON DRESSING.

### INDIAN PULSE SALAD (VEG+). . . . .£9.50

AN INDIAN INSPIRED SALAD OF RICE, CHICKPEAS, CAULIFLOWER, CARROT, SPINACH, SPRING ONION, HERBS, TOMATO, CHAAT MASALA AND TAHINI DRESSING.

### SUPERFOOD SLAW (NUTS, VEG+). . . . .£9.50

SHREDDED KALE, SHAVED FENNEL, RED CABBAGE, APPLE, TOASTED SPICED NUTS, PARSLEY, LEAF AND TAHINI DRESSING.

### PICKLED BEET SALAD(VEG+). . . . .£9.50

MIXED PICKLED AND FRESH BEETS, TOMATO, SHAVED FENNEL, CUCUMBER, CARROT, BASIL, LEAF AND LEMON DRESSING.

### ADD YOUR FAVOURITE TOPPING:

BUTTERMILK CHICKEN, ROOT VEG BALLS (VEG), BOMBAY BALLS (VEG), MEXICAN CRUMBED MUSHROOM (VEG), OR FOR AN EXTRA £1.95 PRAWN LOLLIPOPS.

## HEALTHIER MAINS

### COCONUT CHICKEN . . . . .£8.95

CHICKEN BREAST POACHED IN A COCONUT MILK BROTH, SERVED ON A STIR FRY OF FENNEL, KALE, APPLE AND SPINACH.

### ROOT VEG FALAFEL TACO (N) . . . . .£8.95

BEETROOT AND CARROT FALAFEL, BLACK BEANS, SALSA, GUACAMOLE, CRISP LEAF, TANGY LEMON & HERB DRESSING. SERVED WITH CORRIANDER RICE AND QUINOA.

### STICKY DUCK RICE BOWL (N) . . . . .£9.95

STIR FRY OF CAULIFLOWER, CHILLI ALMOND AND QUINOA TOPPED WITH ASIAN SALAD, STICKY SHREDDED DUCK AND CORRIANDER.

[ ALL OUR HEALTHY MAINS ARE LOWER IN FAT, CARBS, REFINED SUGAR AND CALORIES THAN OUR REGULAR DISHES ]



# BURGERS



DITCH THE CARBS GET YOUR BURGER WRAPPED IN ICEBERG. REPLACE THE FRIES FOR SALAD FOR AN EXTRA £1

WE SERVE IN GLUTEN FREE BUNS, 6 OZS OF PRIME 100% BRITISH BEEF AND SERVED WITH FRIES AND SLAW. UNLESS WE SAY SO.

## MOO ONES

**SO! CLASSIC.....£8.25**

ICEBERG, TOMATO, RED ONION, PICKLE, AMERICAN MUSTARD AND KETCHUP.

**SYMPATHY WITH THE DEVIL(☿)..£11.25**

SPICED PORK & BEEF BURGER, CHEESE, CHILLI JAM, JALAPENO, CHORIZO, SOURED CREAM, TOMATO, ONION, LEAF AND PERI PERI, ADD A PORTION OF CHILLI BEEF INSIDE FOR £1.50.

**MORNING GLORY.....£11.95**

BACON, MUSHROOM, BANGERS, EGG, ONION RINGS AND BEANS.

**DOUBLE BUBBLE CLASSIC.....£11.95**

DOUBLE SMOKEY BACON, DOUBLE CHEESE (CHEDDAR AND SWISS), SO BBQ SAUCE, DILL, ICEBERG, TOMATO AND RED ONION

**THE LOST BOY.....£11.50**

STUFFED WITH SWISS CHEESE & GARLIC BUTTER, BACON, GARLIC MUSHROOM, MORE SWISS, GARLIC MAYO, LEAF & SALAD.

**THE ST GEORGE BURGER.....£12.95**

MINI BANGERS, CHEDDAR, PICKLED ONIONS, TOPPED WITH PULLED BEEF, SERVED WITH HAND CUT CHIPS AND GRAVY.

**PEPPERCORN DIP BURGER.....£9.25**

SWISS CHEESE, LEAVES, TOMATO, DEEP FRIED PICKLE SERVED WITH A PORTION OF PEPPERCORN SAUCE TO DIP THE BURGER IN.



ADD ANOTHER PATTY FOR £2.95

**SWEET POTATO FRIES? + £1.00**

**buttermilk  
FRIED CHICKEN**

YES OF COURSE THERE IS A SECRET BLEND OF HERBS AND SPICES ISN'T THERE ALWAYS?

**BUTTERMILK  
POPCORN  
CHICKEN**

add buttermilk fried balls to your chicken tossed in any of the sauces - 5 BALLS £4.95



## MONTHLY SPECIAL

**INDIAN CHIP BUTTY BURGER (VEG)..£9.95**

SPICED BEETROOT & CARROT PATTY TOPPED WITH INDIAN CHAAT MASALA CHIPS, VEGAN CHEESE, INDIAN TOMATO CHUTNEY, ICEBERG AND MINT YOGHURT. SERVED WITH FRESH SLAW AND MORE CHAAT MASALA FRIES. TRASHY AND VEGAN!

## CLUCK CLUCK ONES

**BEST CLUCKING BURGER EVER...£10.50**

BUTTERMILK CHICKEN, SMOKED BACON, FOUR CHEESES, ONION RINGS, TOMATO, ONION, LEAF, SPICED KETCHUP AND MAYO.

**LOVE YOU LONG TIME BURGER..£10.25**

BUTTERMILK CHICKEN, KOREAN BBQ SAUCE, BACON, PINEAPPLE, FETA, ASIAN SLAW, SPICED PICKLED ONION AND MAYO.

**CHICKEN CLUB BURGER.....£9.50**

BUTTERMILK CHICKEN BREAST, SMOKED BACON, CHEDDAR, ONION, LEAF, TOMATO AND GARLIC MAYO.

## THE OTHER ONES

**PHISH FOOD.....£8.95**

BATTERED HADDOCK, TARTARE, KETCHUP, ICEBERG.

**MUMBAI BURGER(VEG,NUTS).....£8.95**

CRISPY SPICED POTATO PATTY WITH SPINACH, SPICED ONION, MINT YOGHURT, MASALA CHUTNEY AND BOMBAY MIX.

**NACHO LIBRE(VEG).....£9.50**

MEX CRUMBED MUSHROOM, VEGAN CHEESE, SALSA, GUACAMOLE, JALAPENO, ONION RINGS, PICKLE AND ICEBERG.

## 1. CHICKEN

WE TAKE FRESH CHICKEN BREAST MARINATE IT IN BUTTERMILK, DREDGE IT IN SECRET SPICES AND FRY UNTIL GOLDEN.

## 2. ADD A DIPPING SAUCE

PERI PERI (☿)/ SO! BBQ SAUCE / HOT & STICKY (☿)/ KOREAN BBQ / MASALA KETCHUP (☿) OR GARLIC BUTTER.

SERVED WITH FRIES, SLAW & CAJUN BUTTERED CORN

**£10.50**



## THE DIRTY BIRD PLATTER

SIX LICKIN WINGS, BUTTERMILK CHICKEN BREAST, SLAW, CORN ON THE COB AND LASHINGS OF FRIES WITH YOUR CHOICE OF SAUCE.

**£14.95**

# RIBS & COMBOS [ ALL OUR RIBS AND COMBOS ARE SERVED WITH FRIES, ONION RINGS AND SLAW. ]

**CLASSIC RACK OF RIBS (NUTS) .£16.50**

SLOW ROASTED BABY RACK OF RIBS, MARINATED IN OUR SWEET STICKY GLAZE.

**RIBS AND CLUCK (NUTS) .£17.50**

HALF RACK OF OUR SLOW ROASTED RIBS, BUTTERMILK CHICKEN BREAST, CAJUN CORN ON THE COB.

**RIBS AND MOO (NUTS) .£17.95**

A HALF RACK OF OUR SLOW ROASTED RIBS, 5OZ RUMP STEAK, CAJUN CORN ON THE COB.

**RIBS EXTRAS:**

PEPPERCORN SAUCE £1.95, GRAVY £1.95, CAJUN CORN (V) £1.95, 3 KING PRAWN SKEWER £3.95, ROAST MUSHROOM (V) £1.50 OR A SIDE SALAD (V) £2.75

## THE CLASSICS

**STEAK AND CHIPS.....£16.95**

10oz RUMP STEAK, HAND CUT CHIPS, ONION RINGS AND GRILLED TOMATO.

**STEAK EXTRAS:**

PEPPERCORN SAUCE £1.95, GRAVY £1.95  
CAJUN CORN (V) £1.95, HALF RACK OF RIBS £6.95, 3 KING PRAWN SKEWER £3.95, ROAST MUSHROOM (V) £1.50 OR A SIDE SALAD (V) £2.75

**BAKED HAM & EGGS.....£7.95**

HOME ROAST HAM, HAND CUT CHUNKY CHIPS AND 2 POACHED EGGS. ADD BREAD AND BUTTER FOR £1

**FISH AND CHIPS.....£11.25**

BATTERED HADDOCK, HAND CUT CHIPS AND CHIP SHOP MUSHY PEAS. ADD GRAVY FOR £1.95

**THE TWISTED CLASSIC  
HUNTERS CHICKEN BUTTERMILK  
CHICKEN PARMO..£9.95**

THIN BUTTERMILK CHICKEN BREAST, TOPPED WITH BÉCHAMEL SAUCE, GRILLED CHEESE, BACON AND BBQ SAUCE. SERVED WITH FRIES AND SIDE SALAD.

**ALL DAY BRUNCH.....£6.95**

TOAST, BACON, POACHED EGGS, MINI SAUSAGES, MUSHROOM, ROAST TOMATO AND BEANS ON THE SIDE.

**VEGGIE BRUNCH(v).....£6.95**

TOAST, GUACAMOLE, POACHED EGGS, SPINACH, MUSHROOM, ROAST TOMATO AND PESTO.

**SO! EGG & CHIPS(v) .£4.95**

LOADS OF CRISPY FRIES TOPPED WITH 2 GOLDEN DIPPY EGGS. ADD BEANS FOR 75p OR MINI BANGERS FOR £1.95

## NAUGHTY BUT NICE PUDS

**CHOCY CLEMENTINE TART(N,VEG).£5.50**

A RICH CHOCOLATE BROWNIE BASE WITH A CLEMENTINE FLAVOURED DARK CHOCOLATE GANACHE AND ORANGE SORBET.

**STICKY TOFFEE PUD(v).....£5.50**

WARM TOFFEE SPONGE, CARAMEL SAUCE AND VANILLA ICE CREAM.

**APPLE & PLUM TART(N, VEG).....£5.50**

A RICH APPLE AND PLUM TART SERVED WITH BERRY COULIS AND VANILLA ICE CREAM.

**HARROGATE ICE CREAM(v).....£4.95**

3 SCOOPS OF LOCALLY MADE VANILLIS ICE CREAM WITH A FLAKE. ADD CHOCOLATE. FRUIT COULIS OR CARAMEL SAUCE FOR 75p.

we are unable to list all the ingredients in our dishes, so if you have a specific allergy or dislike please highlight it to a member of the bar staff. we cook all our dishes from fresh, where possible we will try and meet any of your specific dietary requirements. # calories are an estimation only. (veg)vegan,(v)vegetarian, (v\*)vegetarian (with vegetarian topping), (nuts) contain nuts,(s)spiced dish. all items are subject to availability. all our food is prepared in the same kitchen as products that contain nuts and gluten, and therefore may contain trace elements of them.